

North Carolina Perinatal Association Lamaze Childbirth Educator Seminar

What Can I Expect?

The purpose of the seminar is to enable the learner to develop the knowledge and skills to plan, facilitate, and evaluate a childbirth education program. NC Perinatal Association Lamaze Childbirth Educator program uses a combination of online learning and classroom learning to deliver the content.

Online Learning (A series of presentations must be completed prior to classroom training):

Module 1: Perspectives on Lamaze Childbirth Education

Module 2: Pain Theories

Module 3: Adult Learning: Educating a New Generation

**Complete at-home or at-work at your own pace.*

Classroom Topics:

Lamaze Childbirth Education: Philosophy to Practices

Evidence-based Maternity Care

Advocacy for Safe and Healthy Birth Practices

Learning Preferences and Teaching Styles

Teaching Demonstrations

Sources and Role of Pain in Labor

Non-Pharmacologic Pain Management Strategies

Role of Continuous Labor Support

Administrative Considerations & Curriculum Development for your CBE Program

Pathways to Certification

Professionalism and Ethics for Childbirth Educators

Medical Interventions: Implications for Labor & Birth

When an Unexpected Outcome Occurs

Communicating birth preferences and informed decision-making

Establishing and Maintaining a Childbirth Education Program and/or Practice

Curriculum Development with Creative Teaching Tools & Resources

Second Stage Labor

Adjustments During the Early Parenting Period (postpartum & infant attachment)

Breastfeeding

Evaluation Strategies – Pre and Post Birth

Time:

Classroom Day One: 8:30 am – 5:00 pm

Classroom Day Two: 8:00 am – 5:00 pm

Who Should Attend?

The target audience includes nurses, midwives, doulas, health educators, social workers, massage therapists, and other professionals who wish to educate women and their families on safe and healthy birth practices.

For more information, contact:

Tara Owens Shuler, M.Ed., LCCE, FACCE at 919-961-0602 or ncpalamazeprog@gmail.com



2017 Dates and Locations

February 23 - 24, 2017
May 5 - 6, 2017

Raleigh, NC
Gastonia, NC

Fairfield Inn & Suites – RDU Airport
Caromont Health Hospital

Registration Fees:

1. Seminar with Lamaze Learning Guide/Toolkit = \$600
2. Seminar without Lamaze Learning Guide/Toolkit or CNM, CPM, & CNM student = \$375
3. NC Local Health Department staff (Certification Track with Lamaze Learning Guide) = \$340
4. NC Local Health Department staff (Experienced/Public Health Track without Lamaze Learning Guide) = \$225

*Fees above cover: Seminar registration, lunch on both days, sample childbirth education curriculum, a complimentary Lamaze student membership, and mentoring. **NOTE: Cost of the Lamaze certification exam are not included in this fee.***

Registration Link

<http://www.ncperinatalassociation.org/lamaze-program-requirements/>

A total of 20 contact hours may be earned as CNE credit for attending the entire workshop and completing a participant feedback form. Partial credit is not available.

Lamaze International is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Participants may also earn 20 Lamaze contact hours upon completion of this activity and the participant feedback form. Partial credit is not available.

Provider approved by the California Board of Registered Nursing, Provider #15932 for 24 contact hours.

This program is recognized by ICEA for 20 contact hours. Partial credit is not available.

Total Credits:

20.0 CNE Contact Hours

20.0 Lamaze contact Hours

