

**Lamaze® International
Denver Chapter, CPAC
Childbirth Educator Program**



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**The Program embraces the
Philosophy of Birth adopted and
promoted by Lamaze® International:**

- Birth is normal, natural and healthy.
- The experience of birth profoundly affects women and their families.
- Women's inner wisdom guides them through birth.
- Women's confidence and ability to give birth are either enhanced or diminished by the care provider and place of birth.
- Women have the right to give birth free form routine medical interventions.
- Birth can safely take place in birth centers and at home.
- Childbirth education empowers women to make informed choices in health care, to assume responsibility for their health and to trust their inner wisdom.

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LAMAZE INTERNATIONAL DENVER CHAPTER, CPAC, CHILDBIRTH EDUCATOR PROGRAM APPLICATION FORM
Not complete until official transcripts of previous academic work or professional license are received.

1. Legal Name: _____
2. Address: _____
City: _____ State: _____ Zip: _____
3. Home Phone: _____
4. Business Phone: _____
5. Profession: _____
6. Professional License Number: _____
7. E-Mail Address: _____

8. Birth Date: _____
9. Sex: M / F Marital Status: _____
10. Are you a citizen of U.S.? Y / N
11. Please indicate your racial/ethnic background:
 Black, Non - Hispanic
 Asian or Pacific Islander
 Hispanic
 American Indian or Alaskan Native
 White, Non-Hispanic

12. Applicant's Statement: On a separate sheet, briefly state your reasons for seeking certification as an LCEE and why you would make a good educator. Limit one page.

Education	Dates of Attendance	Degree	Date Received	Major Field
A. College / University				
B.				
C.				
D.				

Childbirth Education Experience

A. Have you ever taken a childbirth education class as a participant() or observer()? Yes No

B. Have you ever taught classes for expectant parents? Yes No

Assisted with such classes? Yes No

OB Experience (Clinical or Academic)

Dates	Position	Location

List Your Last 2 Employment Positions (Omit temporary positions unless relevant)

Employer Name and Address	Dates	Position
A.		
B.		

Signature: _____
Date: _____
Include with completed application:
 ▶ \$50 non-refundable check or money order made payable to: Julie Webber-Davlin, Ph.D., Program Director
 CPAC Childbirth Educator Program
 7855 West 87th Drive
 Arvada, CO 80005
 ▶ One page applicant's statement
 ▶ Copy of professional license or college transcript(s)

Lamaze® International Denver Chapter, CPAC, Childbirth Educator Program
 Julie Webber-Davlin, Ph.D., Program Director
 7855 West 87th Drive
 Arvada, CO 80005

What is Lamaze® Certification?

For over forty years, Lamaze® International has been educating and certifying childbirth educators in Lamaze® Childbirth Preparation. The mission of Lamaze® International is to promote, support and protect normal birth through education and advocacy. The Lamaze® Accredited Childbirth Educator Program is key to advancing this mission.

Lamaze® Certified Childbirth Educators (LCCE's) have been leaders in developing standards and promoting positive changes in the delivery of childbirth and early parenting education, family-centered maternity care, and in increasing consumer awareness.

Why Lamaze® Certification?

Lamaze® certification demonstrates to consumers, professional colleges and employers that you have acquired specialized knowledge and skills as a childbirth educator. It also establishes the childbirth educator as a unique and recognized professional in the perinatal health care field.

Course Credit

The Lamaze® International Childbirth Educator Program has been approved for 132.5 contact hours. (112.5 contact hours of independent study and 20 contact hours for the Seminar.)

Who Is Eligible?

- Persons who are currently licensed in a health care profession including RN, CNM, RPT, OT, MSW, MD
- Licensed teachers
- Graduates of a recognized institution of higher learning with a minimum of a baccalaureate degree or its foreign equivalent
- Expanded eligibility available upon approval from Program Director
- If you are currently teaching childbirth education classes and are licensed in a health related field, you may be eligible for a fast track program option

How To Apply

To apply for admission into the Lamaze® childbirth Educator Program, include the following:

1. Completed application
2. \$50.00 non-refundable application fee
3. Copy of professional license or college transcripts
4. One page personal statement on your motivation for becoming a childbirth educator

Send to: Julie Webber-Davlin, Ph.D., Program Director
7855 West 87th Drive, Arvada, CO 80005

Faculty

Julie Webber-Davlin, Ph. D., LCCE, FACCE, Program Director

Julie has been a childbirth educator in the Denver area since 1983. She has been with the Lamaze® International Childbirth Educator Program since its beginning. Julie has served as co-president of the Denver Lamaze® International Chapter. She serves on the Lamaze® International Governing Body and has presented at many Lamaze® International Annual Conferences. She has been in the field of education since 1972. She earned her Ph. D. in adult learning behaviors and is an international presenter.

Cathy Heise, BSN, LCCE, FACCE, IBCLC Program Director

Cathy has been in childbirth/parenting education since 1980. She has been with the Lamaze® International Childbirth Educator Program since its beginning. She has served as a co-president of the Denver Lamaze® International Chapter. She is a member of the Lamaze® International Conference Committee and has presented at many of the Annual Council Governing Body serving as the Contact Hour Review and Approval Committee Chair. Currently she practices as an Internationally Board Certified Lactation Consultant in the Denver area and offers breastfeeding educational in-services to health care professionals. She continues to teach childbirth and breastfeeding classes to expectant families.

Also:

Mary Doner, LCCE, FACCE, CIMI Program Trainer

and

Diane Leyba, LCCE, FACCE, CLE Program Trainer

Program Fees (subject to change)

Application Fee: \$50.00 due with application (non-refundable)

Program Tuition: \$600.00 plus \$95.00 for Lamaze® International Study Guide

Upon acceptance to the Program you will be invoiced for the total enrollment fee of \$695.00.

Cancellation and Refund Policy

Refund of tuition fees with written request will be made up to sixty day prior to the Seminar minus material costs and processing fees. After the Seminar begins, no fees are refundable. Request for a refund must be submitted in writing to one of the Program Directors.

Lamaze Childbirth Educator Program

The program is a self study format which allows the candidate to fulfill all the requirements (except the Seminar) in her/his home community. The candidate receives an internationally developed Study Guide. The three-phase program is designed to be completed in 9 to 12 months. Our Faculty is available to provide assistance and guidance throughout the educational process.

Self Study Phase

Candidates must complete the following requirements prior to the seminar:*

1. Independent study of seven competency goals outlined in the Study Guide.
- Promote the childbearing experience as a normal, natural, and healthy process which profoundly affects women and their families.
- Assists women and their families to discover and to use strategies to facilitate normal, natural and health pregnancy, birth, breastfeeding and early parenting.
- Helps women and their families to understand how complications and interventions influence the normal course of pregnancy, birth, breastfeeding and early postpartum.
- Provides information and support that encourages attachment between babies and their families.
- Assists women and their families to make informed decisions for childbearing.
- Acts as an advocate to promote, support and protect normal birth.
- Designs, teaches and evaluates a course in Lamaze® preparation that increases a woman's confidence and ability to give birth.

2. Class Observation: Observe two complete series of Lamaze classes taught by a Lamaze® Certified Childbirth Educator.

3. Labor and Birth Observations: Observe a minimum of four labors and births and prepare written reports.

4. Curriculum Plan Outline: Develop a Topic Outline of a curriculum plan for a complete series of Lamaze® classes.

*Individualized Plan available upon eligibility and approval.

Seminar Phase

Three Day Seminar

Attend the required seminar presented by Lamaze® International Trainers that focuses on teaching strategies, incorporating the Lamaze® International Philosophy of Birth and Care Practices. This is an opportunity to integrate academic and practical experiences in a group setting.

During the seminar phase candidates learn and apply:

Candidates will learn and apply teaching strategies incorporating the Lamaze® International Philosophy of Birth and Parenting, and Care Practices that promote normal birth

Knowledge of obstetrics

Teaching adult learning theories and models

Curriculum design and instructional strategies appropriate to content

Principles of consumer advocacy related to assisting clients to make informed choices regarding health care

Opportunity to network with sponsoring Chapter Lamaze® Certified Childbirth Educators

Practicum Phase

Upon completion of the self-study and seminar phases, candidates:

Develop an individual teaching plan that reflects the Lamaze® International Philosophy and Care Practices for a Lamaze® Childbirth Series.

Teach a Lamaze® Prenatal Series under the supervision of a Lamaze® Certified Childbirth Educator.

Certification Program

Upon successful completion of all program requirements, candidates are eligible to take the Lamaze® International Certification Examination for childbirth educators.

Candidates who pass the International Certification Exam are certified as Lamaze® Certified Childbirth Educators and then become eligible for membership as a fellow in the American College of Childbirth Educators.

For information about fees and dates of the International Certification examination, call the Lamaze® International office at (800) 368-4404.

Program Information

For more information or to inquire about upcoming Seminar dates please check www.lamaze.org or call Program Directors Julie Webber-Davlin at (303) 431-5718 or Cathy Heise at (303) 972-4482.

www.cpacdenver.org

Inquire about Lamaze International

Specialist Programs at 1-800-368-4404 or

www.lamaze.org